



SACRED HEART PARISH

Fourth Sunday in Ordinary Time
January 31, 2016

Ash Wednesday & Lent:

The Lenten season begins on **Ash Wednesday, Feb. 10th.**

Mass with distribution of ashes will be celebrated at **7:30 am and 7:00 pm.**

A **simple soup and bread supper** will be served in the parish center prior to the evening Mass, beginning at 5:30 pm. All are welcome!

Ash Wednesday as well as Good Friday (March 25) are days of **fast** and **abstinence.**

"Fasting" means that a person is permitted to eat one full meal during the day as well as two smaller meals, but not to equal a full meal.

"Abstinence" from meat is also obligatory on the Fridays of Lent. Fasting is obligatory from age 18 until age 59. Abstinence is binding from age 14 onwards.

These general norms must be applied prudently according to the particular circumstances of a person's health and dietary needs, and even social obligations.



Southside Catholic Youth Ministry

Join us for upcoming events!

All events will take place in the Youth Room at St. Augustine's Parish building unless otherwise noted. For more information, please contact **Paul Macias** at pmacias@dioceseofspokane.org or 509-251-5818



JAN 31—High School night

FEB 7 — **ALL YOUTH: SOUPER BOWL OF CARING** after all Masses, 12:00 noon, pizza at St. Augustine Youth Room (No Jr. High)

Souper Bowl of Caring

On Sunday, February 7th, the youth of Sacred Heart and St. Augustine's will be participating in the "**Souper Bowl of Caring.**" Kids will be at the church doors at Mass times collecting non-perishable food items to support Family Promise. Support the kids, support hungry families in Spokane and show your team spirit by bringing food to donate on Souper Bowl Sunday!

Food Drive



Lenten Reflections with Father Kevin

Father Kevin will be offering a series of Lenten reflections on Thursday evenings beginning **February 11th, 7:00—8:00 pm**, each one focusing on one of the important figures in the lectionary readings of the Lenten season. There will be time for shared reflections as well.

If there is a need, the reflection can be repeated on Friday mornings at 10:00 am.



Mass Intentions This Week

SAT, Jan 30- 5:00 p.m. People of the Parish

SUN, Jan 31 - 10:00 a.m. +Pearson Family by Kathleen Manning

WEEKDAY MASSES—7:30 A.M.

TUES, Feb 2 +Philip Pautler

WEDS, Feb 3 +Pam Bye by Ron & Cyndy Nutkowitz

THURS, Feb 4 +Johannes Herzog by Hans & Malene Herzog

FRI, Feb 5 +Caroline Mangione by Grace Dashiell

Mass Readings for Next Weekend:

Isaiah 6:1-2, 3-8, 1Cor 15:1-11, Luke 5:1-11

Liturgical Minsters Schedule can be found on our website: shparishspokane.org/liturgical-ministry-schedules

Our Parish Sacrificial Offerings This Week:

Envelope & Plate Offering: \$ 5,515.58

Outreach: \$ 195.00

In order to meet our 2015-16 budget, an average weekly collection of \$5,713.00 is needed. Thank you so much!



NEW TO SACRED HEART PARISH? WELCOME! We look forward to getting to know you!

Please return this form to the parish office or e-mail the information to: shparish@qwestoffice.net.

Name: _____

Address: _____ Zip: _____

Home Tel: _____ Cell: _____ Email: _____

Hearts on Fire Catholic Men's Conference – 2016



Again this year, the Catholic Men's Conference will be held on March 12, 2016, in Gonzaga University's Student Chapel (third floor, College Hall).

Our main speaker will be Father Richard Hauser SJ, currently a member of the faculty of Creighton University in Omaha and a nationally sought-after speaker on Catholic spirituality.

Bishop Daly is scheduled to be with us for the closing Mass.

We look forward to seeing you on March 12th! Bring a friend!

Coming up: *First Eucharist and Confirmation*



Children in second grade and older are invited to prepare to receive their first Eucharist and Confirmation. The celebration of the Sacraments will be on Sunday, April 17th. Classes will begin in February.

Contact Paul Macias for more details or to register your child. (509)251-5818. pmacias@dioceseofspokane.org

Cataldo Catholic School Open House

Friday, February 19, 11 am-1 pm

If you are interested in Cataldo for your family, please join us for our Open House. Tours of the school will be given by current parents who can share their experiences and answer your questions. Meet the teachers, enjoy classroom observations, and finish with a light lunch and more conversation with our parents. If you cannot attend the Open House, and would like a tour, please contact Anita Condon. You may reach her at (509) 624-8759 or acondon@cataldo.org.

The Lourdes Novena for Healing

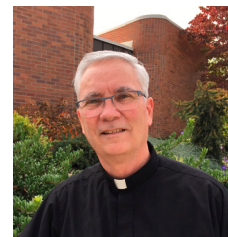
The Diocese of Spokane is presenting the annual "Lourdes Novena for Healing" from **February 3rd through February 11th** at the Cathedral of Our Lady of Lourdes. Bishop Thomas Daly will begin the Novena with a special sermon entitled "The Miracle of Lourdes". Evening services last 45 minutes and will include prayers for healing, Marian Anthems sung by the Diocesan Children's Choir, Benediction, and the Sacrament of the Anointing of the Sick. The intention for this Novena is for healing of any kind including physical, spiritual, emotional or relational. See more details at: www.DioceseofSpokane.org. All are welcome!



Catholic Cougs' Founder's Dinner

Our diocesan Newman Center at WSU, St. Thomas More, will be hosting its annual Founder's Dinner and Auction in Spokane's St. Thomas More Parish on **February 20th**, beginning at 5:30 pm. Entry is just \$25 for a lovely Italian-style dinner. The funds go to support this important ministry for our young Catholic Cougs in Pullman. Invitations & RSVPs are available in the vestibule of the church or call St. Thomas More at (509) 332-6311.

A Word from Father...



Dear Friends,

Remember that funny song from ages ago that took anyone's first name and turned it into a fast-paced nonsense rhyme? I think it was called the "Name Game Song" and it went something like this:

Kevin, Kevin, bo-bevin

Banana-fana fo-fevin

Fee-fi-mo-mevin

KEVIN!

Well, I've been playing a sort of name-game since arriving here at Sacred Heart just over six months ago. Learning names has never been a strong suit for me even though I try to use the memory tools people are always recommending like repeating the name twice before moving on or associating the name and person with something odd ("Ben"...sort of like "bench"...he looks sort of like a bench...ok...got it!).

I've done pretty well with the parishioners I see at daily Mass and those I associate with at various committee meetings, but for those among you who I see mostly on Sundays as you come in and out of church, I feel like quite a failure. Some names stick, some don't...and I can't explain why. It is frustrating to me, and I suppose to you as well, ("What's wrong with that priest...he STILL doesn't know my name even after I've told him thirteen times!). Sorry! I'm trying! Please don't take it personally...its not you...its ME and my lame brain!

Well, I think it is time to move up to LEVEL THREE in the Name Game: I have found over the years that sharing a meal together is a good way for me to remember names and keep them connected to the persons who carry them. So what I propose is that you invite me to breakfast, lunch, dinner, or maybe even just a coffee (at Rockwood Bakery?). In your homes or apartments, in your favorite restaurant, or even just at the nearest taco trailer! Going dutch is fine with me, too; I don't mind paying for my own taco!

Give me a call at the parish office or email me (kcodd@dioceseofspokane.org) and we can work out a date, time, and place.

Help me know you! Invite your pastor to eat!

Have a blessed week!

Fr. Kevin

Our Parish Website: *Renovated with Love*

Check out the new look and revised content of our parish website!

Sparishspokane.org