



SACRED HEART PARISH
19th Sunday in Ordinary Time
August 9, 2015

MASS INTENTIONS

SAT, Aug 8- 5:00 p.m. +Barbara Holsinger
SUN, Aug 9- 10:00 a.m. People of the Parish

WEEKDAY SERVICES—7:30 A.M.

MON, Aug 10
TUE, Aug 11 +Philip Gilbert by Jeanne Gilbert
WED, Aug 12 +Gus Travis by
 Bob & Anita Lamp
THUR, Aug 13 +Sybil & Philip Disch
FRI, Aug 14 +Logan & MaryBelle Rogers


READINGS: Aug. 16: 20th Sunday in Ordinary Time
 Proverbs 9:1-6 Psalm 34:2-3, 4-5, 6-7
 Ephesians 5:15-20 John 6:515-58

Is there illness or special needs in your family? Our community is praying for you. Send your request to Judy Felgenhauer, jfelgen@comcast.net.

PRAYER PILGRIMAGE

Literally get on the bus with fellow parishioners from around the Diocese this coming August 15, Feast of the Assumption, for a Prayer Pilgrimage to several "Marian" parishes and historical sites in the Diocese of Spokane. Spend an evening and over-night stay at Immaculate Heart Retreat Center on August 14, and then head out early the morning of August 15 for a day-trip which includes Mass, prayer, discussion, meals, visitation and exploration. Age limitation: All are welcome (minors must be accompanied by parent or guardian). Cost per person is \$150. Seating is limited. Register on line by August 10 at www.dioceseofspokane.org. Contact bkraut@dioceseofspokane.org 509-358-7314

Catholic Singles Mingle will have a BBQ Birthday Bash Potluck Picnic on Saturday, Aug. 22, at 2:00 at Sullivan Park. Open to singles of all ages! RSVP is required by calling (509) 226-1380 or on-line at www.meetup.com/Catholic-Singles-Mingle. Bring your own meat to grill along with a dish to share.

Envelope & Plate Offering: \$ 4,517.73 
 Outreach: \$ 70.00
 Children: \$ 1.20

The gifts of God that the angel brought to Elijah--- food, water, rest and encouragement---were given, not for his own good alone, but to strengthen him for service. How am I using my gifts to serve others?



Solemnity of the Assumption
 of Our Lady
 Saturday, August 15, 2015

Because this Holy Day falls on a Saturday this year, we will celebrate just one Mass in honor of Our Lady's Assumption: Friday evening August 14th. At 5:30 pm.,

Please join us in celebrating this lovely feast of Mary!

Stress in Your Marriage? – Retrouvaille is a program for married couples that feel bored, disillusioned, frustrated, or angry in their marriage. Most don't know how to change the situation or even communicate the conflicts with their spouse. Retrouvaille is NOT just for couples whose marriage is on the verge of divorce or considered irrevocably broken; it is for any couple who would like to rediscover their marriage and improve communication. Visit www.Retrouvaille.org for emotional testimonials. For confidential information or to register for the September 11-13, 2015 Spokane weekend call (509) 520-4118 or (800) 470-2230 or visit the web site at www.Retrouvaille.org.

New to Sacred Heart Parish? WELCOME! We ask you to let us know who you are. Mail this form to the parish office or e-mail the information to: shparish@qwestoffice.net.

Name: _____
 Address: _____ Zip: _____
 Email address: _____

A Word from Father...

Dear Friends,

As you well know by now, these mid-summer liturgies are a bit exceptional in that the Gospel readings have quickly moved from Mark's many stories of Jesus' ministry among the people of Galilee to the more ethereal readings from John's Gospel, featuring in particular excerpts from his long "sermon" on the theme of the Bread of Life.



John's Gospel can be a frustrating read; his themes seem to swirl sort of like those in a symphony, coming back over and over again in differing instrumentations and various tonalities. It can be rather dizzying, especially if you are accustomed to reading a book or article in a linear and narrative manner. John has his "story-telling" moments, but he also has these long passages that leave us saying, "Whaaat?"

The Church gives us in these weeks a big dose of John's thematic whirliness during these summer Sundays, because she doesn't want us to miss out on what is exceptional in John's Gospel: his deep spirituality and his very high understanding of just who this Jesus is. He is so much more than a do-gooder, so much more than a prophet like those of old, and certainly so very much more than just another holy guy incrementally better than the rest of us. Every time John has Jesus say the words "I am..." he is offering to us a sign of Jesus' divinity since "I am...", or better, "I AM...", is applying to Jesus the name of God, "I AM WHO AM."

More specifically, John identifies Jesus with divine ministries: "I AM the good shepherd", "I am the Light of the World", or as in these summer Sundays: "I AM the Bread of Life."

These identities of Jesus come back over and over again, as in a symphony in different tonalities and with different instrumentation in John's Gospel because he wants us to chew on them, mull them over, take them in to not just our minds, but our subconscious minds so that they take on a life of their own within our minds and hearts...not unlike a lovely melody from a great symphony or hymn that we find still playing in our minds days after we first heard it.

"I AM the Bread of Life." Let these lovely words work themselves into our minds and heart during these summer days. They are worthy of attentive meditation and deep contemplation.

"I AM the Bread of Life..."

Have a blessed week!

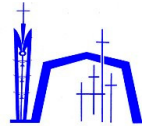
Fr. Kevin

Weekend Retreat for Empty Nesters and Retirees

*"Fresh Invitations for Midlife and Beyond:
Crossing
the Threshold of Midlife with Grace"*

Mary Sharon Moore

Catholic author, teacher & spiritual director
September 18-20, 2015



When our children leave home, or we retire from our normal day jobs, it is time to reflect on the important work God is calling us to do!

WHO THIS WEEKEND RETREAT IS FOR ...

Men, women, and married couples of Christian faith who are ...

- sensing a vocational shift or career change
- "paddling hard" and seeming to get nowhere
- open to something richer in life, relationships, & work
- preparing for, or experiencing, "empty nest blues"
- retired and feeling lost/drifting/restless/uncertain
- grieving lost youth/opportunities/time/spiritual "muscle tone"
- trusting that their most fruitful years lie ahead

MARY SHARON MOORE, MTS,

is the author of *Anointed for a Purpose* and *Moving in God's Direction*. Her work focuses on the urgency of connecting our sacramental anointing with the needs of our 21st century. Her radio program, "Awakening Vocations," streams each weekend on Catholic Broadcasting Northwest (www.kbvm.fm). You can follow her blog, "Noticing Things," at www.marysharonmoore.com. Mary Sharon makes her home in Eugene, Oregon.

Cost: \$192 per person/ \$294 per couple/ \$107 per commuter

August 25, 2015 5:00 pm – 8:00 pm

Immaculate Heart Retreat Center

Barbecue with Bishop Emeritus William Skylstad

"The Family in the Modern World: the Challenges and the Opportunities"

Register: (509) 448-1224 / www.ihrc.net Cost \$20/person



Remember Your Parish...

When it comes time to revise your will and after you've taken care of your family, please remember Sacred Heart Church in your will. Your attorney can simply add these or similar words to your documents:

I hereby give, devise, and bequeath to Sacred Heart Catholic Church, in Spokane, WA, a Washington non-profit corporation, (describe gift) ...

